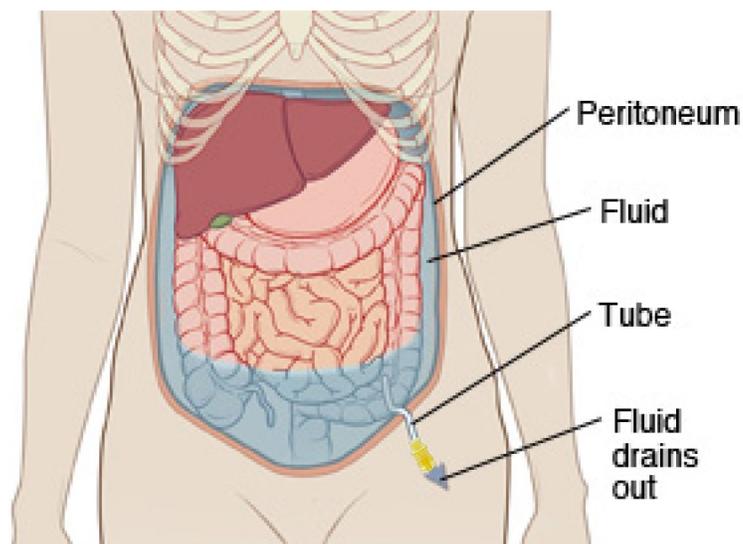


# ParaSil Paracentesis Catheter

## Patient Discharge Instructions

Paracentesis is a procedure to remove excess fluid from your abdomen (belly). Build up of fluid in the abdomen is called Ascites, and can cause abdominal pain, discomfort, and bloating. If left untreated, it can lead to shortness of breath due to the pressure it places on the diaphragm.

The procedure involved inserting a ParaSil catheter (silicone catheter) into your abdomen to provide intermittent drainage of the excess fluid into a drainage bag. The drainage procedure can take place in the comfort of your own home with the assistance of a homecare provider.



### After the procedure:

Take it easy for at least 24 hours, don't drive, and avoid physical activity until your doctor tells you that it's okay.

Like any other surgical procedure, paracentesis can have risks. Make sure to contact your doctor or healthcare provider if you notice any of the following after the procedure:

- A fever of 100.4°F or higher
- Difficulty breathing
- Pain that does not go away even after taking pain medication
- Abdominal pain not caused by the procedure
- Bleeding from the exit site around the catheter
- More than a small amount of fluid leaking from the exit site around the catheter
- Swelling of the abdomen
- Signs of infection at the exit site, these include increased pain, redness or swelling, warmth, or foul-smelling drainage
- Blood in your urine
- Dizziness, lightheadedness, or fainting



You will have a bandage over the catheter to help keep it clean and prevent infection. Ensure that when you shower, the bandage is securely covering the catheter, entrance site, and gauze pads. By making sure the bandage hasn't come loose, you will prevent water from coming in contact with the catheter.

In case you do get water underneath the dressing and the gauze pads get wet, immediately remove the dressing. Make sure to dry and clean the area around the catheter. Use a new procedure pack, and be sure to follow the instructions for use regarding dressing changes.

If you're running low on supplies, contact your homecare provider or CCAC contact. They will arrange visits to perform the drainage procedure in your home and make sure you don't run out of supplies.

# ParaSil Paracentesis Catheter

## Home Care Instructions

The ParaSil Paracentesis Catheter is a long term, tunneled silicone catheter used for intermittent drainage of fluid in the peritoneal cavity due to Malignant Ascites. The intermittent drainage of fluid is performed to alleviate discomfort and respiratory compromise. This procedure can be performed in the patient's home by a trained healthcare professional.

A TEGO connector is attached to the female luer connector on the ParaSil catheter to create a closed system thereby reducing the chances of infection and fluid leakage. The TEGO connector should be changed every four weeks or after every twelve treatments.

### Before Starting:

- Obtain a prescription for drainage from the attending physician.
- Order the CardioMed ParaSil catheter drainage kit - Product Code: CM-002PDK
- Order the CardioMed drainage bag - Product Code: CM-0020
- Order the CardioMed TEGO replacement kit, if required - Product Code: CM-00TRK

### Drainage Kit Contents:

- Clamp
- Alcohol Wipes
- Towel
- Drape
- Skin Prep
- Adhesive Dressing
- Gauze Pads
- 10cc Syringes

### Procedure

1. Ensure that you are using sterile technique at all times to prevent contamination and infection.
2. Open ParaSil catheter drainage kit.
3. Remove dressing from the ParaSil catheter.
4. Open sterile drape and place ParaSil catheter with TEGO attached onto the drape.
5. Open the sterile CardioMed drainage bag and place the male luer connector on the drape leaving cap intact.
6. Clamp the tubing and hang the drainage bag on the patient's bedside in a position that is lower than the patient's abdomen. Attach the tubing clamp to the patient's bed sheets to prevent strain on the catheter.
7. To access the TEGO connector, scrub the female luer with an alcohol wipe for 30 seconds. Use a back and forth scrubbing motion.
8. Remove the protective cap from the male luer connector on the CardioMed drainage bag and rotate onto the female luer of the TEGO connector.
9. Open the clamp on the CardioMed drainage bag.
10. Drain the amount of Ascites fluid that the doctor has prescribed. It is not recommended to drain more than 2,000ml of Ascites fluid per treatment or more than 6,000ml of Ascites fluid in less than 24 hours.
11. When the treatment is finished, clamp the ParaSil paracentesis catheter. Disconnect the male luer on the CardioMed drainage bag and let the fluid in the tubing drain completely into the bag.
12. Replace the protective cap on the male luer of the CardioMed drainage bag.
13. Wipe the TEGO connector with an alcohol wipe for 30 seconds. Use a back and forth scrubbing motion.
14. Curl the catheter into loops, cover with gauze, and secure to the patient with self-adhesive dressing.
15. Dispose of the CardioMed drainage bag appropriately.